

Activities for schools, colleges and communities



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LSBU

London South
Bank University

Welcome to London South Bank University's Activity Booklet for schools, colleges and communities!

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At LSBU, we are committed to supporting learners to grow and to achieve their academic and career goals. We work closely with schools, colleges, local councils and charitable organisations to offer a wide range of workshops, programmes and activities for anyone considering university or degree apprenticeships. We are also committed to supporting those individuals who support the learners – their families, carers, teachers, and careers leads.

This Activity Booklet provides an overview of the activities offered for learners by the Student Recruitment and Outreach Team at LSBU and is particularly useful for anyone who supports young people or adult learners. This includes:

- Learners from secondary schools, colleges and sixth forms who would like to progress into Higher Education or Degree Apprenticeships
- Adults considering returning to education
- Teachers, careers advisors and support workers

Our activities guide learners through building their knowledge of Further and Higher Education, developing their skills and confidence, and receiving practical information, advice and guidance regarding their academic progression.

We hope you find this Activity Booklet useful, and we look forward to working with you and your learners this year!

Who are we?

London South Bank University comprises of three campuses, offering a variety of courses:

1. Southwark Campus

Offering all undergraduate courses.

2. Croydon Campus

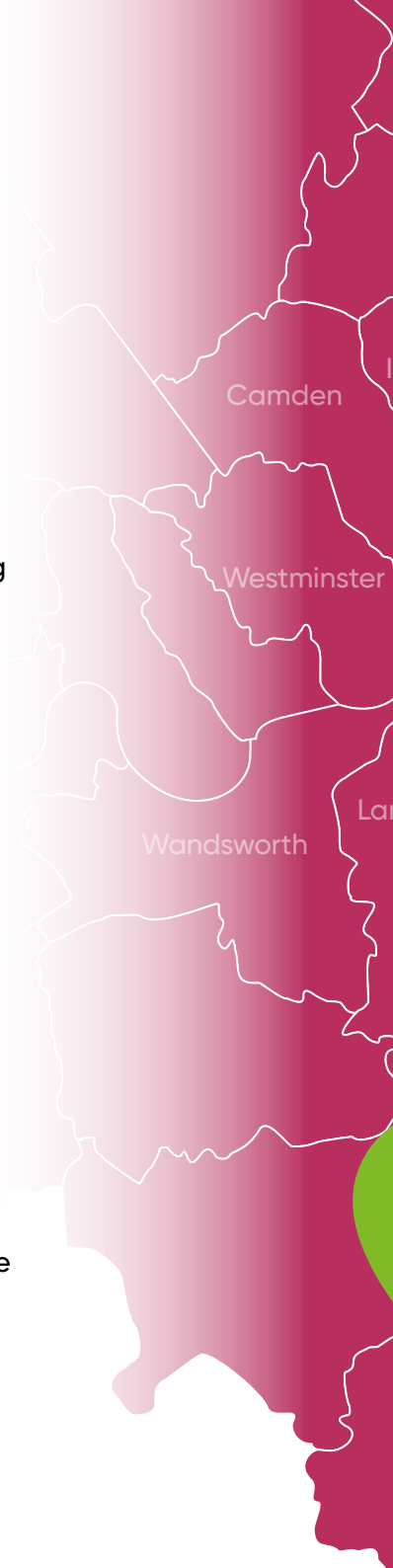
Offering Adult Nursing, Mental Health Nursing and Chiropractic.

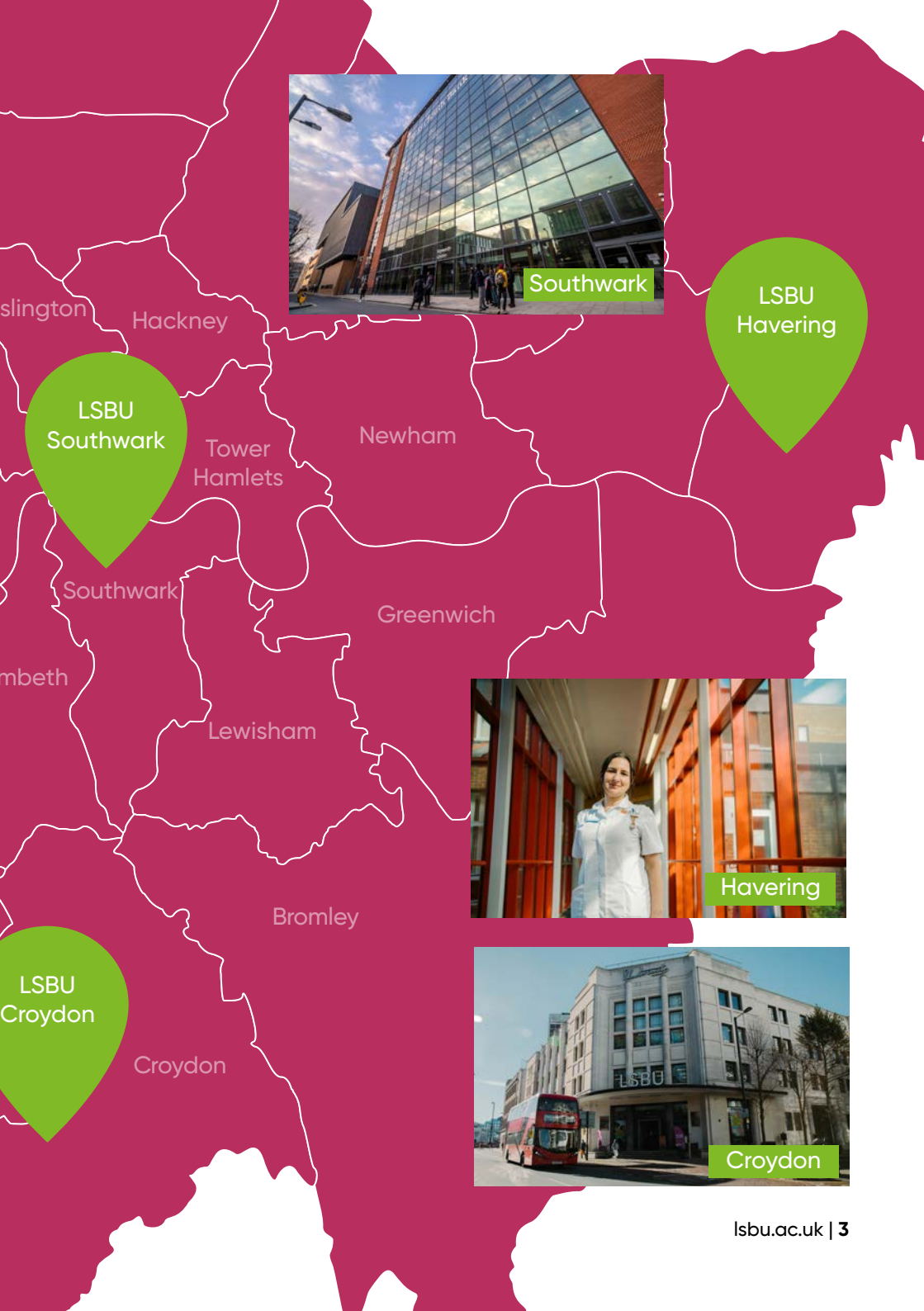
3. Havering Campus

Offering Adult Nursing and Mental Health Nursing.

Our London location makes LSBU a perfect base for students, offering them unparalleled networking opportunities and access to future job prospects. Living and studying in London also allows for a vibrant student experience, with LSBU located right in Zone 1 of the world's best student city! ([QS Best Student City 2024](#))

We recognise that students learn in a variety of different ways, and that they want real-world experiences to set them up for future success. Therefore, we co-design our teaching and assessment methods alongside industry partners, with placements and work experience giving students these crucial real-world learning opportunities and a head start in their chosen profession before they have even graduated.





London South Bank University: more than just a university



LSBU Group

We are a part of LSBU Group: an integrated skills and innovation ecosystem in South London that provides education for local learners and innovation support for local businesses. LSBU is at the heart of this unique educational structure, which comprises secondary, Further, and Higher Education institutions. LSBU Group aims to engage students by providing career focused pathways – from Entry Level to Level 8 – offering learners a high-quality, sector-specific education in their chosen field.

Being part of LSBU Group gives students unrivalled access to educational opportunities, advice, and guidance, as well as sought-after apprenticeships and work placements. The LSBU Group partnership is designed to work with local colleges and schools to provide continuous education and raise attainment.

LSBU Group includes:

1. **London South Bank University:** A diverse and modern university providing high-quality professional and technical education.
2. **South Bank Academies**, comprising:
 - South Bank University Sixth Form – The first dedicated 16-19 technical academy with employer sponsors including Skanska and Guy's and St Thomas' NHS Foundation Trust. Focused on technical qualifications, it also uses a hub and spoke model to support local schools that wish to deliver more applied options from Year 10.
 - South Bank University Academy – An 11-19 secondary school and sixth form with a STEAM-based curriculum.
3. **South Bank Colleges**, comprising:
 - South Bank Technical College, based in Nine Elms, which provides advanced technical programmes for learners.
 - Lambeth College, based in Clapham, which focuses on gateway qualifications and houses a specialist English for Speakers of Other Languages (ESOL) centre.
4. **South Bank Innovation:** The commercial and enterprise arm of LSBU Group.
5. **The Passmore Centre:** An institute of professional and technical education with a focus on apprenticeships and work-based education, providing a one-stop-shop for employers' skills needs.



To find out more about LSBU Group, scan the QR code.

What is Widening Participation?

Widening Participation has been a part of UK Government education policy for decades. It is designed to address differences in progression to university between different groups, acknowledging that learners from disadvantaged backgrounds may face significant barriers when considering, applying to, and succeeding in Higher Education.

At LSBU, we work with anyone interested in Further and Higher Education, however we provide extra programmes for those learners who come from underrepresented social groups who might miss out on the opportunity to progress in their education due to circumstances out of their control.





This includes, but is not limited to:

- Learners receiving, or eligible for, free school meals
- Disabled learners, including those with long-term illnesses
- Adult learners – anyone 21 years and over interested in studying for an undergraduate degree
- Care leavers and looked after children
- Young and adult carers
- Learners with no parental/carer history of Higher Education
- Refugees and asylum seekers
- Individuals from Gypsy, Roma, Traveller, Showman and Boater communities

We are committed to challenging preconceptions, offering opportunities for learners and their supporters to explore new subjects and careers, and to using our network of academics, students, alumni and partners to support those considering Further and Higher Education.

Learners from Widening Participation groups will get priority access to our activities and bespoke support when making applications to LSBU, such as one-to-one personal statement advice. Once students have enrolled at LSBU, we provide additional support including bursaries, counselling and dedicated staff.

Widening Participation Activities

If you would like to book a Widening Participation activity for your students who meet the criteria mentioned, please get in touch. We have a wide variety of activities on offer that we would love to facilitate for your learners.

We can organise Discovery Days for Years 7 to 10 where they meet our students, have a tour of the campus, visit our fantastic gym and fitness suites in LSBU Active, explore our new library and find out what a university is all about – it's not just about the lectures! We can welcome students to our NHS Simulation Wards to interact with our life-size patient manikins and practice their CPR skills, giving them the chance to work alongside our student nurses and meet our healthcare professionals. Or bring a group of BAME young women to our 4-week after-school STEM Explorer club, and find out about robotics, forensic investigations, and what you find in an owl pellet.

We are also piloting a Fitness Outreach session in our brand-new sports facilities with our professional coaches which will be available from Autumn 2024.

Our Widening Participation Team are always happy to discuss engaging bespoke activities that will impact your pupils and open their eyes to the opportunities that Higher Education can offer. Please contact us to find out more by emailing the Student Recruitment & Outreach Team: outreach@lsbu.ac.uk



Resources for Parents, Carers and Supporters

Please direct your pupils' parents, carers and supporters to the resources on the LSBU website, where they can find information about supporting their learner in their career planning and application to Higher Education. We are also happy to talk at events on your campus aimed at these groups, such as at Careers Fairs or Progression Evenings: so please do not hesitate to get in contact if you would like us to attend one of these events at your school or college.

Find out more on our Parents, Carers and Supporters page by scanning the QR Code:



The Student Recruitment and Outreach Team

The Student Recruitment & Outreach Team at LSBU have years of experience working in universities, charities and schools. We are here to support your learners to develop the skills, knowledge and confidence to make the right decision for them: whether that is going to university, college, work, or something else.

We recognise the pressures that schools, teachers and careers advisors are under and therefore want to ensure that booking our activities for your students is as straightforward as possible. Each activity is outlined in this booklet, telling you more about the activity itself, how many learners you can bring, the timings, and the Gatsby Benchmarks it meets. We are happy to be flexible and want to support you and your learners, so please do send us an email if you would like to discuss alternative arrangements for activities, or if you'd like to book us in for any other events, such as your school or college's Higher Education Fair!

✉ Email us on
outreach@lsbu.ac.uk

 LinkedIn
lsbu-outreach

**Find out more
on our Schools
and Colleges
webpages**



If you want to be kept up to date on all things Outreach at LSBU and find out about other opportunities for your students, why not sign up to our monthly newsletter for teachers and careers advisors?

**Scan the QR
code and
sign up!**





How to Book Activities

- 1. Choose which activity or activities you would like to book.**
Please check dates (if applicable) and eligibility criteria for each activity.
- 2. Email the Student Recruitment & Outreach Team**
at outreach@lsbu.ac.uk with the following details:
 - a. Activity you would like to get involved in
 - b. Potential dates
 - c. Number of people in the group
 - d. School/college/group and Year group (if applicable)
- 3. We will get back to you shortly** to either confirm your booking or discuss alternative dates/details.



4. If the booking is confirmed you will be sent a data collection form for each participant to complete:

- a. Year 8 and below – an online or paper data collection form for the parents/carers to complete on behalf of the participant
- b. Year 9 and above – an online data collection form for the participant to complete

Please note: all data collection forms should be completed/returned to LSBU at least **2 weeks before the activity is due to start.**

5. We will send you more details about the activity and reconfirm all details 5-6 weeks before the activity is due to take place. If any additional requirements are needed for participants or adults attending with them, please give us as much notice as possible.

6. We will see you and your students soon!

Cancellation policy

We understand that plans can change.

We therefore request that we are informed a minimum of two weeks before the event is due to take place if cancellation or rescheduling is required. If you need to change the timings of an event or the number of students that you will be bringing changes significantly (either an increase or decrease in number), we request that you also inform us a minimum of two weeks before so that we can accommodate for these changes.





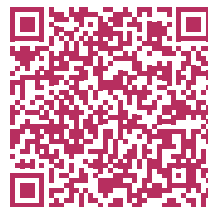
Data Collection and GDPR

We collect data from learners who participate in our activities in different ways:

- Online data collection forms completed by the participant before the activity takes place for students in Year 9 and above.
- Online or paper data collection forms completed by a parent/ carer before the activity takes place for students in Year 8 and below.
- Online, paper or in-person evaluation forms after the activity has taken place e.g. feedback forms, evaluations, focus groups.
- Basic information supplied via secure platform/email from the school e.g. attendance register.

Your personal data is held securely on LSBU's CRM Salesforce, and digital engagement platforms such as Gecko and HEAT. There are a limited number of LSBU staff who have access to this data, all of whom have received data protection training. Where data is not held on our servers, we use systems that are secure, cloud based, and password protected.

Please scan the QR code to find our Widening Participation and Outreach Privacy Notice.



Come to us!



University 101

Are you looking to introduce your students to university life? Eager for them to understand the benefits of Higher Education and for them to get excited about their next steps? During this on-campus day, learners will gain an insight into what it means to go to university and why it might be the right choice for them. They will find out more about the courses that are on offer at LSBU, meet current students, and have a tour of our campus and facilities. 'University 101' is a great introductory session for students who are new to the concept of university or who are unsure if continuing education after they leave school is right for them.

Depending on the year group of the learners, we can also incorporate some UCAS application support into this session.

Gatsby benchmark(s)	1, 2, 4 and 7
Age/Year group	Year 11 upwards
When	Choose a date that works for you
Duration	4-hour session, including a lunch break
Location	Southwark Campus
Group size	One class of up to 30 learners per day
Bookings	Please email outreach@lsbu.ac.uk to register your interest
Data requirements	Data form for learners to complete beforehand

Undergraduate Degrees vs Degree Apprenticeships

There are so many Higher Education options out there! If your students are confused about the different types of courses available to them or are unsure about what degree they need to go into a certain career, this session will provide them with the clarity and insight that they need to make an informed decision about their university applications. In this session, we will explain the differences between undergraduate degrees and degree apprenticeships, and their associated costs and benefits, so your learners can feel confident that they will pick the path that is right for them.

Gatsby Benchmarks	1, 2, 3 and 7
Age/Year group	Year 11 upwards
When	Choose a date that works for you
Duration	2-hour session, in either a morning or afternoon slot
Location	Southwark Campus
Group size	One class of up to 30 learners per session
Bookings	Please email outreach@lsbu.ac.uk to register your interest
Data requirements	Data form for learners to complete beforehand





Acing your Interviews

This session is designed to support students with their application to university by helping them to develop their understanding of how interviews or auditions work. Learners will receive advice and guidance on how to prepare for and perform at interviews and will get the chance to practice their new-found skills in front of an audience. The day will also consist of a tour of our campus and an opportunity to meet current students to hear about their application experiences and any top tips they have so your learners can ace their university interviews too!

Gatsby Benchmarks	1, 7 and 8
Age/Year group	Students taking Level 3 qualifications
When	Choose a date that works for you
Duration	4-hour session, including a lunch break
Location	Southwark Campus
Group size	One class of up to 30 learners per day
Bookings	Please email outreach@lsbu.ac.uk to register your interest
Data requirements	Data form for learners to complete beforehand



Student for the Day

This session is designed to give your learners the chance to experience student life at London South Bank University and to build on the key skills they need to succeed as a student. They will attend bitesize sessions on how to budget and how to improve their revision and study techniques. They will also get the chance to meet current LSBU students and see the university that they call home, with tours of their accommodation, the library, and the academic facilities. This interactive day-long event is designed to not only support students in their current studies, but also to help them to build their confidence as they navigate their journey into Higher Education.

Gatsby Benchmarks	7 and 8
Age/Year group	Year 11 and upwards
When	Choose a date that works for you
Duration	4-hour session, including a lunch break
Location	Southwark Campus
Group size	One class of up to 30 learners per day
Bookings	Please email outreach@lsbu.ac.uk to register your interest
Data requirements	Data form for learners to complete beforehand

Design your own Day!

If our other on campus events aren't quite what you are looking for, why not design your own day with us? Contact us to let us know what your students would like to learn more about, and we can work out together what kind of sessions they would benefit most from. We can be flexible with timings to suit your schedules. We can offer a variety of sessions: an introduction to university life, making university applications and preparing for interviews, understanding Student Finance and budgeting, tours of campus, and Q&As with our Student Ambassadors. Please get in touch to let us know if you would like to design your own day, letting us know what kind of topics you would like your learners to cover and for how long you would want to join us, and we can create a timetable of exciting interactive workshops just for you.

Subject	Please contact us to discuss options!
Gatsby benchmark(s)	1, 2 and 7
Age/Year group	Year 11 upwards
When	Choose a date that works for you
Duration	However long you need. To cover each topic or session, we typically require 45mins – 1 hour so please bear this in mind when calculating the length of your visit. You are very welcome to visit us for just one session, or for a full day!
Location	Southwark Campus
Group size	One class of up to 30 learners per session
Bookings	Please email outreach@lsbu.ac.uk to register your interest
Data requirements	Data form for learners to complete beforehand

Or we can come to you!



University Workshops in your School or College

We understand just how busy teachers and school staff are and how challenging it can be to arrange school visits, so at LSBU, we are more than happy to come to you! We have designed a flexible system for booking us in for university information, advice and guidance sessions at your school or college. Check out our pick 'n' mix selection of workshops and talks, and book us in for any number of sessions on any number of topics that your learners require further support with.

As well as running workshops during the school day, we are also happy to come to you for assemblies or after school sessions – whatever suits your timetable.

Subject	Please see table below for options
Gatsby benchmark(s)	1, 2 and 7
Age/Year group	Year 11 upwards
When	Choose a date that works for you
Duration	45 mins - 1 hour (depending on topic): these can be booked individually or as a combination of multiple sessions
Location	School, college or community location
Group size	Individual classes to entire year groups
Bookings	Please email outreach@lsbu.ac.uk to register your interest
Data requirements	Data form for learners to complete either before the event or at the time of event

Workshop	Description
Why go to uni?	This session is an introduction to university. We will discuss the benefits of going to university and look at how certain careers require specific degrees. Learners will come away with an understanding of how going to university can benefit their careers, as well as their personal lives.
Choose your course	In this session, we support students in finding the right course for them. The workshop looks at entry requirements, accreditation, work experience, career prospects and how to make the most of Open Days – so learners can feel confident that they have made the right decision when they apply to university!
Pathways to your career	Want to help your students get a better understanding of the academic and career related options available to them? In this session, we will discuss Higher Education pathways and the doors that are opened by studying a particular subject. This session is perfect for classes of Level 3 students: whether that is a group taking Business, Health & Social Care, Law, or any other subject, we can take them through the opportunities that their subject presents them with and get them excited about their next steps.
Student Life at LSBU	A chance for your learners to hear from our Student Ambassadors and find out what it's really like to study at university, from the academic life to the social scene. Students will have the opportunity to ask any burning questions they may have and hear more about the real-life experiences of LSBU students.

Workshop	Description
Student Finance and budgeting at university	A workshop designed to help prospective university students understand how Student Finance works and the importance of managing your money and budgeting at university, including how to create a basic budget and how to make money go further. We will share tips on how to save money, as well as advice on how to supplement their budget as a student, and address myths and misconceptions about Student Finance.
Acing your Personal Statement	A workshop for learners currently writing their UCAS Personal Statements, to help them create a Personal Statement they can be proud of! We will look at key content to include and will identify what admissions tutors are looking for, using examples so that learners can understand how a Personal Statement comes together. We can also tailor sessions to particular subject areas for students applying to similar courses.
Study advice and developing soft skills	This workshop is designed to build learners' soft skills, such as problem-solving, communication skills, and leadership. The session aims to boost students' confidence in the short term and set them up with skills to aid their transition to Further and Higher Education.
Undergraduate Degrees vs Degree Apprenticeships	This session aims to support your learners to make informed choices about their Higher Education journey, through demystifying, informing and providing advice on undergraduate degree and degree apprenticeships options. We will explain the differences between undergraduate degrees and degree apprenticeships, and their associated costs and benefits, so your learners can feel confident that they will pick the path that is right for them.





Subject Specific activities

We offer a variety of qualifications at London South Bank University and within LSBU Group, and our focus is always on giving a technical education with real-world experience – meaning we favour coursework, hands-on projects, and live briefs over lengthy written exams. We also partner with industry leaders to develop our course content to make sure that we are setting students up for success in their future careers.

Our amazing academics are able to offer a variety of talks and interactive outreach sessions for schools and colleges so that interested learners can find out more about the courses on offer and can get excited about the prospect of studying here in the future! Scan the QR code to the left to find out more about the subject-specific activities that they currently have on offer. From fingerprinting Forensics workshops, to Dragons' Den inspired Business programmes, to getting hands on in our simulation wards with our state-of-the art Nursing manikins, there are plenty of opportunities for your learners to explore what it would be like to study at university and to expand their academic knowledge.



Information and support for Teachers and Careers Advisors

As a teacher or careers lead, you know just how important it is to stay up to date with the changing face of Higher Education, ensuring that you can support your learners and help them to maximise their potential. At our events for teachers, careers advisors and support workers, you will hear from keynote speakers on a range of Further and Higher Education options and have the opportunity to network with other professionals from the education sector.

Let us help you to get to grips with the UCAS cycle and key deadlines, higher level qualifications, and highlight opportunities for your students.

We know that every student is different - with different preferred subject areas and different preferences when it comes to ways of learning. This is why it is so important to know just how many educational options are out there for all types of learners, and why we at LSBU believe it is important to understand all the pathways students can take: not only to progress onto university but also to demystify and learn more about alternative learning options, such as Level 3, Level 4 or Access to HE diplomas that can all give students the opportunity to achieve their long-term goals.

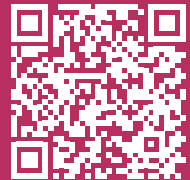
Subject	General professional development
Gatsby Benchmarks	7 and 8
When	Throughout the academic year - set dates to be announced, make sure you're signed up to our newsletter to be the first to know!
Duration	16:30 – 18:00
Location	Southwark Campus
Data requirements	All participants must complete an online data form beforehand



Open Days

Open Days are a great way for learners to find out more about life at LSBU! During an Open Day, they will have the chance to meet current students, tour our campus, and see our facilities. It is also a fantastic opportunity for them to find out more about the course they are interested in studying and to speak to our academics. Students can also receive 1:1 advice from our Student Services Teams regarding the financial and study support available at LSBU, as well as the disability and mental health support on offer. Our Open Days take place regularly throughout the year, so please encourage your students to come along to one to see our wonderful campus and facilities for themselves!

Check out when our next Open Day will be on our website or scan the QR code:





We cannot wait to welcome you
and your students to LSBU!

outreach@lsbu.ac.uk



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